

INTRODUCING OUR NEW BREAKFAST MENU!!!

Nathan Hale Ray Middle School Breakfast Menu** - November

Lunch \$3.10, Reduced \$0.40, Breakfast Daily! \$1.60, Reduced \$0.30, Milk \$0.50

Visit www.easthaddamschools.org for a Free and Reduced Meals Application

**MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Featured Selection</i></p> <p>1% White Milk or Fat Free Chocolate Milk available with all menu options</p>	Power-up Poptart	Wonderful Waffles	"Berry Good" Parfait with Granola	Power Pancakes	French Toast Friday
<p><i>Daily Offerings</i></p>	<p>Hot Egg, Sausage and Cheese Breakfast Croissants, Cereal, Donuts, Cinnamon Rolls, Banana or Pumpkin Bread</p>				



ADD \$ TO A STUDENT'S ACCOUNT @ mypaymentsplus.com USE STUDENT ID #. OR CHECK PAYABLE TO EAST HADDAM SCHOOL LUNCH.

Questions, comments, menu suggestions? Contact Jen Bove, Nutrition Services Director, jen.bove@easthaddamschools.org



A selection of fruit available every day with every breakfast!

