




February 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Choice of Soup: Chili or Chicken Noodle Garlic Breadstick Fresh Fruit	2 Pasta with Meat Sauce* Garden Salad WG Garlic Breadstick Vegetable Cups with Hummus Fresh Fruit	3 BBQ Chicken Pizza or Cheese Pizza* Tossed Salad Vegetable Cups with Hummus Fresh Fruit
6 Cheeseburger Baked French Fries Tossed Garden Salad Fresh Fruit	7 Grilled Chicken Patty Sandwich Cowboy Beans Fresh Fruit	8 Chicken Nuggets Baked French Fries Tossed Salad WG Dinner Roll Fresh Fruit	9 Mini Pancakes or Waffles Sausage Links Hash Brown Patty Fresh Fruit	10 Chicken Tenders & Mozzarella Sticks Marinara Sauce Garden Salad WG Dinner Roll Fresh Fruit
13 Chicken or Beef Taco's* Lettuce, Tomato, Salsa, Sour Cream Fresh Fruit	14 General Tao's Chicken Bowl* Steamed Brown Rice Steamed Broccoli Fresh Fruit 	15 Cheesy Bosco Sticks Marinara Sauce Vegetable Cups with Hummus Fresh Fruit	16 Meatball Grinder* Marinara Sauce, Melted Mozzarella Vegetable Cups with Hummus Fresh Fruit	17 Pepperoni or Cheese Pizza* Tossed Salad Vegetable Cups with Hummus Fresh Fruit Early Dismissal
20  No School	21 No School	22 Popcorn Chicken Mashed Potatoes* Seasoned Corn WG Dinner Roll Fresh Fruit	23 Pasta with Meatballs* Garden Salad WG Garlic Breadstick Vegetable Cups with Hummus Fresh Fruit	24 Chicken Tenders & Mozzarella Sticks Marinara Sauce Garden Salad WG Dinner Roll Fresh Fruit
27 French Toast Sticks Sausage Links Hash Brown Patty Fresh Fruit	28 Chicken Patty Sandwich Baked French Fries Seasoned Corn Fresh Fruit	<i>East Haddam Food Services is hiring substitute cafeteria workers! Please apply at www.easthaddamschools.org</i>		
			Questions? Contact Liz Paternostro Director of Food & Nutrition Services Liz.paternostro@easthaddamschools.org	

Happy
Valentines
Day

Alternate Lunch
Daily



Boar's Head

Boar's Head Deli Bar
Chicken Option
Pizza Option
Assorted Salads

Lunch \$3.10

Breakfast \$1.60

If your student
receives **FREE** or
REDUCED lunch,
breakfast is **FREE** or
REDUCED!

All meals include: Raw
Veggie Cups & Hummus
Fruit: Fresh &/or Canned in
Lite Syrup or Juice.
Milk: 1% White or
Chocolate Skim

ADD \$ TO A STUDENT'S ACCOUNT @ mypaymentsplus.com
CALL THE OFFICE TO GET STUDENT ID # OR CHECK PAYABLE TO EAST HADDAM CAFETERIA FUND*

Menu Subject To Change