




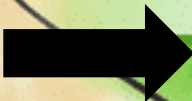
February 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Taco Day! Seasoned Beef, Tostito Chips to dip Cheddar Cheese Salsa & Sour Cream Lucky Tray Day	2 Hot Dog on a Roll Smiley Fries Fresh Fruit	3 Cheese Pizza* Tossed Salad Vegetable Cups with Hummus Fresh Fruit
6 Cheeseburger Baked French Fries Tossed Garden Salad Fresh Fruit	7 Mini Maple Pancakes Sausage Links Hash Brown Patty Fresh Fruit	8 Chicken Tenders Mashed Potatoes Cowboy Beans Dinner Roll Fresh Fruit	9 Pasta with Meat Sauce Dinner Roll Vegetable Cups with Hummus Fresh Fruit	10 Cheese Pizza* Tossed Salad Vegetable Cups with Hummus Fresh Fruit
13 Chicken Nuggets Seasoned Corn Smiley Fries Dinner Roll Fresh Fruit	14 Personal Pizza Garden Salad Vegetable Cups with Roasted Chick Peas Fresh Fruit 	15 Chicken Patty Sandwich Baked French Fries Tossed Garden Salad	16 Creamy Macaroni & Cheese* Broccoli Trees Dinner Roll Fresh Fruit Lucky Tray Day	17 Cheese Pizza* Tossed Salad Vegetable Cups with Roasted Chick Peas Fresh Fruit Early Dismissal
20  No School	21 No School	22 Popcorn Chicken Mashed Potatoes Seasoned Corn Dinner Roll Fresh Fruit	23 Mini Maple Pancakes Sausage Links Hash Brown Patty Fresh Fruit	24 Cheese Pizza* Tossed Salad Vegetable Cups with Roasted Chick Peas Fresh Fruit
27 Hot Dog on a Roll Steamed Green Beans Vegetable Cups with Hummus Fresh Fruit	28 Chicken Nuggets Baked Smiley Fries Seasoned Corn Fresh Fruit	East Haddam Food Services is hiring substitute cafeteria workers! Please apply at www.easthaddamschools.org		Questions? Contact Liz Paternostro Food Service Director liz.paternostro@easthaddamschools.org

Breakfast \$1.60
Lunch \$2.85
**If your student
receives FREE or
REDUCED lunch,
Breakfast is FREE or
REDUCED!**
All meals include: Raw
Veggie Cups & Hummus
Fruit: Fresh &/or Canned in
Lite Syrup or Juice.
Milk: 1% White or
Chocolate Skim

**Daily Alternate
Lunch**
-Yogurt/WG
Pretzel/String Cheese
-Deli Sandwich
-Sun Butter & Jelly
Sandwich
-Assorted Salads
All meals include the
following every day:
Fresh Fruit/Fruit Cup or
Fresh Vegetable Cup
With Hummus
Choice of Milk-1% or FF
Chocolate



ADD \$ TO A STUDENT'S ACCOUNT @ mypaymentsplus.com
CALL THE OFFICE TO GET STUDENT ID # OR CHECK PAYABLE TO EAST HADDAM CAFETERIA FUND*